

# Transforming Long-Term Services and Supports (LTSS) Through Digital Innovation

MobexHealth is redefining how individuals receive and engage with Long-Term Services and Supports (LTSS). Our scalable solutions are designed to reach people wherever they are—at home, in nursing facilities, or across the community.

## MobexHealth Home

MobexHealth Home empowers individuals receiving Long-Term Services and Supports (LTSS)—including seniors, people with disabilities, and medically complex members—to manage their health, maintain daily routines, and stay connected to care teams. Designed to promote prevention and independence, the platform drives sustained engagement and improved health outcomes.

## Key Features:



### Preventative Health Tools

Condition-specific education, symptom tracking, and early interventions to reduce risk.



### Self-Management Support

Medication reminders, appointment alerts, and care plan visibility at members' fingertips.



### Value-Based Outcomes

Reduces unnecessary utilization and supports quality measures aligned with value-based care models.

## Use Cases:

### Home & Community-Based Services (HCBS)

Helps members manage their care at home with digital tools that support independence, routine-building, and timely access to resources.

### Cognitive Adaptation Training

Supports members with serious mental illness and cognitive impairments through tablets loaded with behavioral prompts, routines, and crisis support—reducing ER use and supporting daily function.

### Nursing Facility Behavioral Health

Empowers residents with digital access to calming content, education, and mental health support while helping staff manage behavioral health needs efficiently.

### Rural Homecare

Delivers in-home care, telehealth, transportation support, and personalized case management through a digital platform that bridges geographic gaps for older adults and individuals with disabilities in rural communities.

